

**GREATER MANCHESTER A.A.**  
**CROSS COUNTRY CHAMPIONSHIPS 2019**  
**AT BOGGART HOLE CLOUGH, MANCHESTER ON SATURDAY 8TH DECEMBER 2018**

<b>UNDER 13 BOYS</b>				
Posn	Bib	Athlete	Club	Time
1	244	Jack Spark	Sale Harriers Manchester	10.09
2	227	Luke Carrington	East Cheshire H & T AC	10.14
3	249	Matthew Russell	Salford Harriers & Ac	10.25
4	243	Oscar Schofield	Sale Harriers Manchester	10.31
5	241	Freddie Meredith	Sale Harriers Manchester	10.34
6	254	Charlie Atkiss	Trafford Athletic Club	10.35
7	229	James McGraw	East Cheshire H & T AC	10.37
8	238	Joshua Colquoun-Lynn	Sale Harriers Manchester	10.37
9	248	Ethan Nation	Salford Harriers & Ac	10.37
10	233	Ethan Isaacs	Horwich R M I Harriers	10.55
11	235	Ethan Davies	Leigh Harriers & Ac	11.01
12	264	Sonny Wilson	Trafford Athletic Club	11.05
13	228	James Harney	East Cheshire H & T AC	11.09
14	253	Harvey Murphy	Stockport Harriers & AC	11.12
15	261	James Walton	Trafford Athletic Club	11.12
16	223	Noah Carter	Bury Athletic Club	11.13
17	251	Benjamin Knight	Salford Metropolitan Ac	11.14
18	237	Jack Batten	Sale Harriers Manchester	11.15
19	221	Harvey Kenny	Bolton United Harriers & AC	11.16
20	245	Jamie Barber	Salford Harriers & Ac	11.17
21	262	Josh Watson	Trafford Athletic Club	11.33
22	260	Ralf Syrett	Trafford Athletic Club	11.54
23	256	Joseph Daly	Trafford Athletic Club	12.00
24	232	Cole Wright	East Cheshire H & T AC	12.00
25	224	Finlay Collins	Bury Athletic Club	12.17
26	257	Albert Durance	Trafford Athletic Club	12.33
27	250	Blake Wolstenholme	Salford Harriers & Ac	12.47
28	263	Zack Watson	Trafford Athletic Club	12.49
29	252	Daniel MccCann	Stockport Harriers & AC	13.23
30	222	Jayden Barlow	Bury Athletic Club	14.22

**TEAMS**

1		Sale Harriers Manchester "A"	10.00
2		East Cheshire H & T AC "A"	22.00
3		Salford Harriers & Ac "A"	32.00
4		Trafford Athletic Club "A"	33.00
5		Trafford Athletic Club "B"	66.00
6		Bury Athletic Club "A"	71.00
7			
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**GREATER MANCHESTER A.A.**  
**CROSS COUNTRY CHAMPIONSHIPS 2019**  
**AT BOGGART HOLE CLOUGH, MANCHESTER ON SATURDAY 8TH DECEMBER 2018**

<b>SENIOR MEN</b>					<b>U13 GIRLS</b>				
Posn	Bib	Athlete	Club	Time	Posn	Bib	Athlete	Club	Time
1	56	Freya Murdooch	Stockport Harriers & AC	10.55	26	9	Chloe Ardin	Bury Athletic Club	12.11
2	14	Emily Bowker	East Cheshire H & T AC	10.59	27	8	Lily Philbin	Bolton United Harriers & AC	12.12
3	36	Jasmine Reed	Sale Harriers Manchester	11.02	28	33	Ella Gillespie	Sale Harriers Manchester	12.18
4	27	Nieve Robinson	Leigh Harriers & Ac	11.02	29	46	Maya Mansfield	Salford Harriers & Ac	12.21
5	31	Sara Clough	Sale Harriers Manchester	11.10	30	47	Bailey-rae O'Keefe	Salford Harriers & Ac	12.25
6	25	Lily Edwards	Leigh Harriers & Ac	11.18	31	34	Iris McCarron	Sale Harriers Manchester	12.28
7	23	Charlotte Wilkinson	Horwich R M I Harriers	11.21	32	54	Libby Martin	Stockport Harriers & AC	12.31
8	51	Sophie Ellwood	Stockport Harriers & AC	11.24	33	6	Charlotte Stansfield	Altrincham & DAC	12.33
9	30	Ava Clough	Sale Harriers Manchester	11.29	34	60	Freya Griffiths	Trafford Athletic Club	12.34
10	43	Isabelle Bryan	Salford Harriers & Ac	11.30	35	16	Imogen Gush	East Cheshire H & T AC	12.41
11	37	Carmen Safranauskas	Sale Harriers Manchester	11.32	36	58	Cleo Bentall	Trafford Athletic Club	12.42
12	53	Niamh MacKintosh	Stockport Harriers & AC	11.35	37	38	Shona Wilkinson	Sale Harriers Manchester	12.45
13	5	Esme Pearson	Altrincham & DAC	11.37	38	13	Summer Whitfield	Bury Athletic Club	12.46
14	18	May Mannion	East Cheshire H & T AC	11.37	39	12	Lola Potts	Bury Athletic Club	12.49
15	50	Ella Buckley	Stockport Harriers & AC	11.38	40	28	Katie Wilkinson	Rochdale Harriers & AC	12.51
16	39	Elena Bartalotta	Salford Harriers & Ac	11.38	41	41	Emily Birchall	Salford Harriers & Ac	13.00
17	55	Saffronn Meade	Stockport Harriers & AC	11.40	42	40	Millie Bayman	Salford Harriers & Ac	13.11
18	35	Holly Newton	Sale Harriers Manchester	11.56	43	3	Aisling McHale	Altrincham & DAC	13.18
19	42	Sophia Bratt	Salford Harriers & Ac	12.02	44	17	Ellen Lees-Hill	East Cheshire H & T AC	13.45
20	44	Marissa Caldwell	Salford Harriers & Ac	12.04	45	2	Sara Herceg-Millington	Altrincham & DAC	13.51
21	24	Jasmine Barlow	Leigh Harriers & Ac	12.05	46	61	Olivia Holbrook	Trafford Athletic Club	13.53
22	22	Emma Bradley	Horwich R M I Harriers	12.06	47	57	Grace Jasmine Taylor	Stockport Harriers & AC	14.03
23	7	Kiana Ustabasi	Altrincham & DAC	12.07	48	45	Amber Davidson	Salford Harriers & Ac	14.18
24	29	Isabelle Appleby	Sale Harriers Manchester	12.09	49	62	Jessica Rimmer	Trafford Athletic Club	14.22
25	10	Reilly Carson	Bury Athletic Club	12.09	50	19	Liegha Manser	East Cheshire H & T AC	14.25

**OVERALL TEAM POSITIONS**

1	Sale Harriers Manchester "A"	17
2	Stockport Harriers & AC "A"	21
3	Leigh Harriers & Ac "A"	31
4	Salford Harriers & Ac "A"	45
5	East Cheshire H & T AC "A"	51
6	Sale Harriers Manchester "B"	53
7	Stockport Harriers & AC "B"	64
8	Altrincham & DAC "A"	69
9	Salford Harriers & Ac "B"	79
10	Bury Athletic Club "A"	89
11	Sale Harriers Manchester "C"	96
12	Trafford Athletic Club "A"	116
13	Salford Harriers & Ac "C"	131

**GREATER MANCHESTER A.A.**  
**CROSS COUNTRY CHAMPIONSHIPS 2019**  
**AT BOGGART HOLE CLOUGH, MANCHESTER ON SATURDAY 8TH DECEMBER 2018**

<b>UNDER 15 BOYS</b>				
Posn	Bib	Athlete	Club	Time
1	287	Samuel Bryan	Salford Harriers & Ac	11.32
2	273	Toby Middleton	Horwich R M I Harriers	11.35
3	288	Sam Hopkins	Salford Harriers & Ac	11.49
4	275	Archie Der	Manchester Harriers & AC	11.55
5	293	Finlay Mayoh	Stockport Harriers & AC	11.56
6	270	Greg Dani	East Cheshire H & T AC	12.02
7	286	Robbie Rigby	Sale Harriers Manchester	12.05
8	292	Thomas Manton	Stockport Harriers & AC	12.14
9	283	Alex James	Sale Harriers Manchester	12.20
10	291	Harry Ellwood	Stockport Harriers & AC	12.26
11	290	Jack Catterall	Stockport Harriers & AC	12.28
12	276	Joseph Farrelly	Manchester Harriers & AC	12.44
13	285	William Parker	Sale Harriers Manchester	12.49
14	289	Charlie Mansfield	Salford Harriers & Ac	12.52
15	302	Jonathan Stock	Trafford Athletic Club	13.17
16	284	Archie McCarron	Sale Harriers Manchester	13.28
17	277	Fraser MacKie	Manchester Harriers & AC	13.41
18	281	Harry Edmundson	Sale Harriers Manchester	13.46
19	294	Cameron Murdoch	Stockport Harriers & AC	13.57
20	300	Ned Silvey	Trafford Athletic Club	14.16
21	274	Bartiomiej Wierzba	Leigh Harriers & Ac	14.24
22	269	Ben Clayton	East Cheshire H & T AC	14.46
23	295	Jonah Wall	Stockport Harriers & AC	15.13
24	278	Harrison Pepper	Oldham & Royton H & Ac	15.48

**TEAMS**

1		Salford Harriers & Ac "A"	18.00
2		Stockport Harriers & AC "A"	23.00
3		Sale Harriers Manchester "A"	29.00
4		Manchester Harriers & AC "A"	33.00
5		Stockport Harriers & AC "B"	53.00

**GREATER MANCHESTER A.A.**  
**CROSS COUNTRY CHAMPIONSHIPS 2019**  
**AT BOGGART HOLE CLOUGH, MANCHESTER ON SATURDAY 8TH DECEMBER 2018**

<b>UNDER 15 GIRLS</b>				
Posn	Bib	Athlete	Club	Time
1	85	Katie Stringer	Sale Harriers Manchester	13.09
2	71	Eva Baldwin	Horwich R M I Harriers	13.25
3	78	Olivia Brown	Sale Harriers Manchester	13.33
4	70	Georgia Heath	Horwich R M I Harriers	13.34
5	69	Lucy Dixon	Horwich R M I Harriers	13.36
6	66	Rose Barlow	East Cheshire H & T AC	13.37
7	93	Emily Russell	Salford Harriers & Ac	13.38
8	89	Amelia Bratt	Salford Harriers & Ac	13.40
9	100	Caitlin Doohan	Trafford Athletic Club	13.44
10	65	Freya Potts	Bury Athletic Club	13.53
11	90	Isobel Cammish	Salford Harriers & Ac	13.57
12	92	Anna Potter	Salford Harriers & Ac	13.58
13	97	Esther Miriam Hulley	Stockport Harriers & AC	14.03
14	72	Megan Short	Leigh Harriers & Ac	14.05
15	79	Isabelle Burke	Sale Harriers Manchester	14.09
16	80	Akira Edgson	Sale Harriers Manchester	14.12
17	86	Ava Taylor	Sale Harriers Manchester	14.14
18	83	Olivia Nolan	Sale Harriers Manchester	14.15
19	91	Nicola Mason	Salford Harriers & Ac	14.17
20	84	Jasmine Stockton	Sale Harriers Manchester	14.22
21	99	Neve Davenport	Trafford Athletic Club	14.32
22	82	Elizabeth Hill	Sale Harriers Manchester	14.46
23	104	Lila Wainwright	Trafford Athletic Club	14.59
24	103	Olivia Russell	Trafford Athletic Club	15.08
25	77	Lucy Armitage	Sale Harriers Manchester	15.13
26	102	Sinead O'Driscoll	Trafford Athletic Club	15.13
27	96	Josie Driver	Stockport Harriers & AC	15.34
28	73	Violet Claxton	Manchester Harriers & AC	15.47
29	98	Ella Taylor	Stockport Harriers & AC	15.57
30	68	Aliesha Smith	East Cheshire H & T AC	16.04
31	95	Lauren Dewsbury	Stockport Harriers & AC	16.04
32	74	Emilia Platt	Oldham & Royton H & Ac	16.23
33	63	Grace Gibson	Bury Athletic Club	16.32
34	75	Lauren Bartholomew	Oldham & Royton H & Ac	17.10
35	76	Megan Bartholomew	Oldham & Royton H & Ac	17.14
36	67	Abbie Hirst	East Cheshire H & T AC	17.43
37	88	Lauren Birchall	Salford Harriers & Ac	17.51
38	94	Jessica West	Salford Harriers & Ac	18.01

**TEAMS**

1	Horwich R M I Harriers "A"	11
2	Sale Harriers Manchester "A"	19
3	Salford Harriers & Ac "A"	26
4	Sale Harriers Manchester "B"	51
5	Trafford Athletic Club "A"	53
6	Sale Harriers Manchester "C"	67
7	Salford Harriers & Ac "B"	68
8	Stockport Harriers & AC "A"	69
9	East Cheshire H & T AC "A"	72
10	Oldham & Royton H & Ac "A"	101

**GREATER MANCHESTER A.A.**  
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<b>UNDER 17 MEN</b>				
Posn	Bib	Athlete	Club	Time
1	333	Cynog Williams	Trafford Athletic Club	19.38
2	325	Joseph Bentall	Trafford Athletic Club	19.46
3	313	Oliver Cook	Salford Harriers & Ac	19.54
4	318	Ben Batho	Stockport Harriers & AC	19.56
5	303	Stafan Kalambouka	Bury Athletic Club	20.19
6	324	Alexder Bailey	Trafford Athletic Club	20.24
7	334	Benjamin Forrest	Bury Athletic Club	20.29
8	322	Flynn Alexander Walsh	Stockport Harriers & AC	20.40
9	304	Brandon Quinton	Bury Athletic Club	20.43
10	319	Edward Corden	Stockport Harriers & AC	20.52
11	329	Lewis Royle	Trafford Athletic Club	21.07
12	331	Theo Symons Treacher	Trafford Athletic Club	21.16
13	330	Harry Sinclair	Trafford Athletic Club	21.17
14	308	Joel Denton	Leigh Harriers & Ac	21.17
15	314	Joshua Dutton	Salford Harriers & Ac	21.20
16	306	Luke Brindle	Horwich R M I Harriers	21.42
17	332	Alfie Vesey-Barnes	Trafford Athletic Club	21.44
18	307	Robert Seddon	Horwich R M I Harriers	22.02
19	327	Joseph Mangan	Trafford Athletic Club	22.23
20	316	Jacob Yates	Salford Harriers & Ac	22.33
21	326	Andrew Hill	Trafford Athletic Club	22.50
22	317	Connor Thacker	Salford Metropolitan Ac	23.50
23	328	Seb Patrick	Trafford Athletic Club	24.08
24	309	Shea Mellor	Leigh Harriers & Ac	24.27
25	321	Harry Reed-Miller	Stockport Harriers & AC	24.43

**TEAMS**

1	Trafford Athletic Club "A"	9
2	Bury Athletic Club "A"	21
3	Stockport Harriers & AC "A"	22
4	Trafford Athletic Club "B"	36
5	Salford Harriers & Ac "A"	38
6	Trafford Athletic Club "C"	57

**GREATER MANCHESTER A.A.**  
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<b>UNDER 17 WOMEN</b>				
Posn	Bib	Athlete	Club	Time
1	108	Keely Hodgkinson	Leigh Harriers & Ac	21.46
2	131	Lauren Gregg	Rossendale Harriers & AC	23.14
3	125	Samantha Mason	Salford Harriers & Ac	24.04
4	106	Megan Lewis	East Cheshire H & T AC	24.11
5	127	Alice Davies	Stockport Harriers & AC	24.14
6	123	Evie Collier	Salford Harriers & Ac	24.22
7	118	Alyssa Davey	Sale Harriers Manchester	24.43
8	110	Rebecca Pollitt	Leigh Harriers & Ac	24.49
9	121	Jessica Birchall	Salford Harriers & Ac	25.03
10	117	Alice Stiles	Manchester Harriers & AC	25.30
11	124	Charlotte Haywood-Percival	Salford Harriers & Ac	25.45
12	129	Rebecca Young	Trafford Athletic Club	25.53
13	126	Lauren Burgess	Stockport Harriers & AC	25.58
14	105	Molly Philbin	Bolton United Harriers & AC	26.20
15	114	Georgia Fazakerley	Manchester Harriers & AC	26.59
16	116	Katie Moss	Manchester Harriers & AC	27.09
17	119	Laura Hole	Sale Harriers Manchester	27.39
18	115	Katie Hudson Davies	Manchester Harriers & AC	27.48
19	113	Ciara Treanor	Leigh Harriers & Ac	27.59
20	128	Natashia Rebecca Moore	Stockport Harriers & AC	28.03

<b>TEAMS</b>			
1		Salford Harriers & Ac "A"	18.00
2		Leigh Harriers & Ac "A"	28.00
3		Stockport Harriers & AC "A"	38.00
4		Manchester Harriers & AC "A"	41.00

**GREATER MANCHESTER A.A.**  
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<b>UNDER 20 WOMEN</b>				
Posn	Bib	Athlete	Club	Time
1	141	Aine Cunningham	Sale Harriers Manchester	22.41
2	146	Catherine Hooper	Salford Harriers & Ac	24.21
3	133	Lily McGuinness	East Cheshire H & T AC	24.46
4	147	Heather Corden	Stockport Harriers & AC	24.55
5	143	Chiara Young	Sale Harriers Manchester	25.39
6	132	Rachel Bailey	Bolton United Harriers & AC	25.43
7	145	Alana Brockley-Langford	Salford Harriers & Ac	27.05
8	136	Katie Cooper	Manchester Harriers & AC	28.47

**TEAMS**

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**GREATER MANCHESTER A.A.**  
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<b>UNDER 20 MEN</b>				
Posn	Bib	Athlete	Club	Time
1	343	Mac O'Malley	Trafford Athletic Club	23.12
2	336	Daniel Racle	Altrincham & DAC	23.12
3	337	Oliver Makinson	Bury Athletic Club	23.24
4	340	Shaun Gee	Sale Harriers Manchester	24.39
5	339	Robert Smyk	Oldham & Royton H & Ac	24.51
6	344	Jack Wilkinson	Trafford Athletic Club	25.41

**TEAMS**

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**GREATER MANCHESTER A.A.  
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AT BOGGART HOLE CLOUGH, MANCHESTER ON SATURDAY 8TH DECEMBER 2018**

SENIOR MEN				
Posn	Bib	Athlete	Club	Time
1	354	Benjamin Coop	Bury Athletic Club	36.15
2	444	Will Beauchamp	Salford Harriers & Ac	36.31
3	435	Nathan Harrison	Sale Harriers Manchester	36.53
4	438	Gareth Raven	Sale Harriers Manchester	37.05
5	376	Joseph Hudak	East Cheshire H & T AC	37.19
6	437	Kenneth Hunt	Sale Harriers Manchester	37.36
7	367	Matt Shaw	Chorlton Runners	37.51
8	371	Gavin Browne	East Cheshire H & T AC	37.55
9	450	Bruno Lima	Salford Harriers & Ac	38.02
10	483	Jarrold Gritt	Royton Road Runners	38.04
11	424	Sam Aspinwall	Sale Harriers Manchester	38.23
12	449	James Kovacs	Salford Harriers & Ac	38.26
13	428	Alex Bradford	Sale Harriers Manchester	38.26
14	453	Tony Taylor	Salford Harriers & Ac	38.44
15	361	Fraser MacDonald Oulds	Chorlton Runners	39.18
16	439	David Rich	Sale Harriers Manchester	39.44
17	429	Chris Donnelly	Sale Harriers Manchester	39.56
18	448	David Hudson	Salford Harriers & Ac	39.59
19	345	Michael Burks	Altrincham & DAC	40.15
20	474	Rob Downs	Wilmslow Running Club	40.22
21	452	Daniel McManus	Salford Harriers & Ac	40.26
22	389	Robert Thorpe	Leigh Harriers & Ac	40.50
23	447	Matthew Holt	Salford Harriers & Ac	41.07
24	430	Richard Edwards	Sale Harriers Manchester	41.25
25	443	Paul Bannister	Salford Harriers & Ac	41.43
26	356	Patrick Babb	Bury Athletic Club	41.47
27	463	Elliott Drummond	Swinton Running Club	41.50
28	375	Barry Hirst	East Cheshire H & T AC	42.03
29	369	Chris Ward	Chorlton Runners	42.27
30	372	Liam Browne	East Cheshire H & T AC	42.38
31	351	Steven Renny	Altrincham & DAC	42.46
32	368	Stephen Smith	Chorlton Runners	42.52
33	431	Rob Fairbanks	Sale Harriers Manchester	43.03
34	406	Jorden Lee Burke	Middleton Harriers Ac	43.06
35	413	Trevor Davies	Oldham & Royton H & Ac	43.21
36	365	Russell Price	Chorlton Runners	43.25
37	346	Nick Bulger	Altrincham & DAC	43.31
38	442	Matthew Spragg	Sale Harriers Manchester	43.37
39	471	Greg Marcroft	Trafford Athletic Club	43.48
40	466	Dan Sutton	Swinton Running Club	43.58
41	445	Paul Creighton	Salford Harriers & Ac	44.02
42	422	Alex Frost	Rochdale Harriers & AC	44.10
43	393	Steve Hatton	Manchester Frontrunners	44.23
44	391	Martin Dunn	Manchester Frontrunners	44.27
45	416	Daniel Timperley	Oldham & Royton H & Ac	44.39
46	414	Nthan Hilditch	Oldham & Royton H & Ac	44.47
47	481	Neil Brock	Royton Road Runners	44.50
48	468	Nicholas Brown	Trafford Athletic Club	44.55
49	403	Joseph Hayes	Manchester YMCA Harriers	44.55
50	465	Chris Lomax	Swinton Running Club	45.19
51	392	Jon Guildford	Manchester Frontrunners	45.23
52	357	Giles Bennet	Bury Athletic Club	45.28
53	462	Paul Stevenson	Salford Metropolitan Ac	45.37
54	381	Darren Smith	East Cheshire H & T AC	45.41
55	476	Colin Hill	Manchester Road Runners	45.48
56	418	Phil Pennall	Quays Running Club	45.53
57	408	Chris Humble	Middleton Harriers Ac	46.04
58	454	Paul Connolly	Salford Metropolitan Ac	46.11
59	446	Grant Gunn-Anderson	Salford Harriers & Ac	46.20
60	412	Leon Wint	Middleton Harriers Ac	46.20

  

Posn	Bib	Athlete	Club	Time
61	433	Steven Gavin	Sale Harriers Manchester	46.20
62	360	Eamonn Keogh	Chorlton Runners	46.46
63	473	Vincent Booth	Wilmslow Running Club	46.49
64	377	Derek Hughes	East Cheshire H & T AC	47.56
65	475	Adam Neale	Wilmslow Running Club	48.03
66	387	Jason Denton	Leigh Harriers & Ac	48.12
67	388	Dave Pollitt	Leigh Harriers & Ac	48.14
68	395	Roberto Raso	Manchester Frontrunners	48.34
69	407	Michael Griffin	Middleton Harriers Ac	48.40
70	461	Daniel Sate	Salford Metropolitan Ac	48.42
71	486	Darran Ogden	Royton Road Runners	48.53
72	364	Nick Parrott	Chorlton Runners	49.00
73	425	Paul Barrett	Sale Harriers Manchester	49.24
74	390	David Chambers	Manchester Frontrunners	49.44
75	374	James Hartshome	East Cheshire H & T AC	49.47
76	399	Glen Gandy	Manchester Harriers & AC	50.02
77	394	Jordan Millar	Manchester Frontrunners	50.12
78	482	Ian Dale	Royton Road Runners	50.21
79	456	Matthew Gibins	Salford Metropolitan Ac	50.42
80	455	Dave Comes	Salford Metropolitan Ac	50.53
81	402	Chris Stewart	Manchester Harriers & AC	50.55
82	423	Ian Stainthorpe	Rochdale Harriers & AC	51.07
83	366	Ian Sharpe	Chorlton Runners	51.18
84	384	David Barnes	Horwich R M I Harriers	51.26
85	460	Mike Race	Salford Metropolitan Ac	51.33
86	459	Stuart Mairs	Salford Metropolitan Ac	51.55
87	485	Jason Keaft	Royton Road Runners	51.58
88	383	Anthony Hesketh	Horwich R M I Harriers	52.15
89	457	Matthew Hill	Salford Metropolitan Ac	53.21
90	370	Francis Woof	Chorlton Runners	54.21
91	419	Stephen Symonds	Quays Running Club	55.07
92	420	Matthew Cox	Rochdale Harriers & AC	56.49
93	488	Gary Smith	Royton Road Runners	56.59
94	489	Raymond Williams	Royton Road Runners	57.37
95	421	Ray Dalby	Rochdale Harriers & AC	57.48
96	484	Simon Howard	Royton Road Runners	58.11
97	411	Craig Sutherland	Middleton Harriers Ac	58.34
98	396	Michael Cunningham	Manchester Harriers & AC	59.10
99	355	Alison Dale	Bury Athletic Club	62.10
100	349	Hugh McKenna	Altrincham & DAC	65.00

  

OVERALL TEAM POSITIONS		
1	Sale Harriers Manchester "A"	24
2	Salford Harriers & Ac "A"	37
3	Sale Harriers Manchester "B"	70
4	East Cheshire H & T AC "A"	71
5	Chorlton Runners "A"	83
6	Salford Harriers & Ac "B"	87
7	Bury Athletic Club "A"	178
8	Altrincham & DAC "A"	187
9	Sale Harriers Manchester "C"	205
10	Manchester Frontrunners "A"	206
11	Royton Road Runners "A"	206
12	Middleton Harriers Ac "A"	220
13	Chorlton Runners "B"	253
14	Salford Metropolitan Ac "A"	260
15	Rochdale Harriers & AC "A"	311
16	Salford Metropolitan Ac "B"	340
17	Royton Road Runners "B"	370